



COVID-19 Newsletter



Jervis Bay Territory Community | Issue no. 12 | 16 September 2020

Protecting your mob

Do you have the COVIDSafe app on your phone yet?

The COVIDSafe App for mobile phones helps protect your mob from coronavirus.

The more people who use the app, the better it works and the sooner we can get our community back to normal.

Visit the Apple or Google Play store and download today to keep your mob safe.



Together we can stop COVID-19.



Don't let complacency set us back

While there have been no cases of COVID-19 in JBT, new cases in NSW have remained fairly stable over the past week.

However, COVID-19 will be with us for some time into the future and we need to continue to follow the current restrictions and practice the key safety actions.

Wash or sanitise your hands regularly, maintain 1.5 metres distance from others, stay home if you're sick, and get tested if you have COVID-19 symptoms—no matter how mild. You may also choose to wear a mask when you can't physically distance.

When we work together to stop the spread, we're stronger and better for it. Don't let complacency set us back.



How we are protecting JBT

To help keep the Jervis Bay Territory community safe during this time, newsletters (like this one) have been regularly delivered to your homes. However, if you missed an edition, they can all be found at

https://www.regional.gov.au/territories/jervis_bay/community/bulletins/bulletins-2020/index.aspx

Posters with key information can also be found in the Administration Office on Village Road.

For more information on the COVID-19 situation, the latest Public Health Emergency Direction, or State of Emergency, use the above QR code.





Violence is never okay

COVID-19 has put pressure on many relationships, but that's no excuse for domestic and family violence of any kind.

If you are experiencing family violence, contact ACT's domestic and family violence services for a confidential conversation, to get help for a legal issue, or receive advice on co-parenting. For a list of services that can help, visit act.gov.au/violenceisneverok

Need medical help?

Please call 000 for urgent medical assistance e.g. difficulty breathing.

Wreck Bay community health clinic Telehealth appointments available	Mondays 9.40am–3.00pm (02) 4448 0200 or 1800 215 099
Lifeline	13 11 44
Beyond Blue Coronavirus Mental Wellbeing Service	1800 51 23 48
COVID-19 Assessment Clinic Shoalhaven Hospital	8:30am–4.30pm 7 days a week 1300 002 108
St Georges Basin Community Health Centre Pop-up COVID-19 testing clinic	21 Meriton St Monday–Friday 8.00am–4.00pm

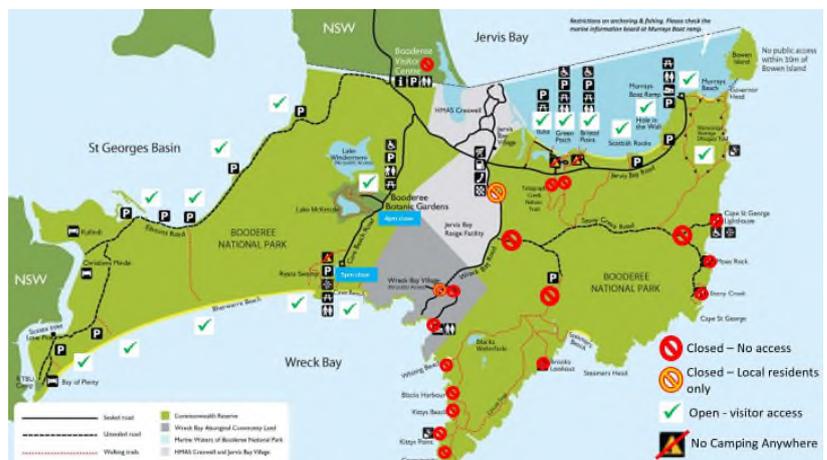
Booderee National Park update

Due to some weather events and the continuing presence of COVID-19, some restrictions and closures are in place at Booderee National Park.

Stage one restrictions are still in effect, which means the Park is currently open for day use only, between 7am–6pm.

See the table below for which areas are open or closed to visitors. However, if there is an area you are unsure about, visit the Booderee National Park Visitor Centre—it is open Sunday to Thursday 9.30am–3pm, or Friday to Saturday, 9am–4pm.

OPEN TO VISITORS		CLOSED TO VISITORS
• Green Patch	• Ellmoos Road	• Camping areas
• Iluka	• Cave Beach	• Stoney Creek Road
• Murrays Beach & boat ramp	• Booderee Botanic Gardens	• Booderee Visitors Centre
	• Bristol Point	• Summercloud Bay



More information

For up-to-date information on COVID-19, consult the **Australian Government Department of Health website** or call the Coronavirus Health Information Line 1800 020 080.

The line operates 24 hours a day, seven days a week. If you require translating or interpreting services, please call 131 450.

Information is also available from **HealthDirect 1800 022 222** or by visiting healthdirect.gov.au/coronavirus.