Hotspots are places in Australia where health officials have detected many people with COVID-19. If you have been to a hotspot, you are required to self-isolate for 14 days from the day you leave the hotspot, unless exempt. You should also get tested, even if you have no symptoms.

Current COVID-19 situation

NSW Health has informed us that two Sydney residents who transited through the JBT over the weekend, have since been confirmed with COVID-19. The risk of transmission is considered very low. There are still no cases of COVID-19 in the JBT community. As a precautionary measure, Booderee National Park is closed from 12-13 August. For more information, refer to [https://www.infrastructure.gov.au/department/media/mr_20200811-protecting-jervis-bay-coronavirus.aspx](https://www.infrastructure.gov.au/department/media/mr_20200811-protecting-jervis-bay-coronavirus.aspx)

This is a timely reminder to the community to watch for COVID-19 symptoms, maintain good hand hygiene, stay 1.5m apart from others, stay home if you are feeling unwell and get tested if you have symptoms.

Do I need to wear a face mask?

With the recent rise in community transmission of COVID-19 across NSW, both the NSW and ACT governments now recommend wearing a face mask in places where you cannot physically distance from others. This includes supermarkets, public transport, places of worship, while working in a customer-facing job, or when caring for others.

Wearing a mask is an important protective measure to keep you and your community safe.

If you choose to wear a mask, it is important to:

- Wash your hands before putting on the mask
- Wash or sanitise your hands after removing your mask
- Make sure it covers your nose and mouth, fits snugly under your chin, covers the bridge of your nose and against the sides of your face
- Don’t touch the front of the mask while wearing it. Wash or sanitise your hands if you touch it.

Stay up-to-date

The COVID-19 pandemic across Australia is constantly changing so the restrictions in JBT are also regularly updated to adjust to the situation and to help keep you safe.

To find the most up-to-date information on restrictions in Jervis Bay:

- Scan this QR code with your mobile
- Pop into the JBT Office on Village Road

Instructions for how to use a QR code are below.

Let’s stay apart, together

More information

Visit www.health.gov.au or call 1800 020 080 (operates 24/7). For translating or interpreting services, please call 131 450.

Call Health Direct on 1800 022 222 or visit www.healthdirect.gov.au/coronavirus

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www.infrastructure.gov.au