What is the EMC?

The JBT Emergency Management Committee (EMC) was formed to ensure our community is prepared to respond to any COVID risks or cases should they arise.

The EMC meets regularly and is chaired by Department of Infrastructure, Transport, Regional Development and Communications.

The EMC is supported by a broad range of service providers including the Aboriginal Medical Service, NSW Health Department, ACT Health and the Australian Federal Police who are all working together to limit the risks to the community during these times.

Preparing our community

In March 2020, the Australian Government introduced a range of restrictions across Australia to curb the spread of the COVID-19 virus.

These actions are designed to limit risks to the JBT community and include the Minister declaring a state of emergency, issuing of the public health emergency declarations and directions for the JBT, and restricting entry into the Territory. Relevant documents can be viewed at: www.regional.gov.au/territories/jervis_bay/community/bulletins/bulletins-2020/index.aspx.

While the Shoalhaven region has not largely been affected, some areas in NSW and Victoria are currently experiencing increased rates of infection. To date, the JBT community has no COVID-19 cases.

A JBT Pandemic Response Plan has been developed and planning work is ongoing and under way to prepare JBT in case of an outbreak.

New Directions....

The Public Health (Jervis Bay Territory) Emergency Direction (No. 7) 2020 has been updated. You need to self-isolate if you have visited Victoria in the previous 14 days and obtain a NSW permit (if required). This does not apply if you fall under an exempt category.

Hospitality venues, including cafes, restaurants and bars need to:

- register as a COVID Safe business
- follow the same restrictions as pubs
- have a 10 person limit for bookings or per table (includes registered clubs)
- have a 10 person limit for groups entering or being at the venue.

14 days of self-isolation is required if you have returned from Victoria

10 person limit for bookings and entering, or being at a café, restaurant, bar or club
COVID-19 Newsletter
Jervis Bay Territory Community

Public Health Directions
The Department and health agencies are watching COVID-19 developments in the region closely, and expect a further Public Health Emergency Direction for the JBT early August.

Staying safe tips
Tip #1: Try to keep a safe distance of 2m between yourself and others.
Tip #2: When you sneeze or cough, cover your mouth and nose with a tissue. Put used tissues in the bin straight away after use. If you do not have a tissue, cough or sneeze into your elbow rather than your hands.
Tip #3: If you start to experience symptoms of COVID-19, even mild symptoms, get tested at a COVID-19 testing clinic.

Together we can stop COVID-19

Medical Assistance
Please call 000 for urgent medical assistance e.g. difficulty breathing

Wreck Bay community health clinic
Telehealth appointments are available. If you are interested in one, please contact the clinic to see if Telehealth is right for you:
(02) 4448 0200 or 1800 215 099

Wreck Bay Clinic
open Mondays and Thursdays
9:40am - 3:00pm

Lifeline 13 11 44

Beyond Blue Coronavirus Mental Wellbeing Service
1800 51 23 48

COVID Assessment Clinic
The COVID-19 Assessment Clinic is at Shoalhaven Hospital. The Clinic is located in the Hospital in the Home area. Entry to the Clinic is via the Shoalhaven Street driveway. The Clinic will operate from 8:30am to 4.30pm, seven days a week, and can be contacted by phone on 1300 002 108.

More information
For up-to-date information on COVID-19, visit www.health.gov.au or call 1800 020 080 (operates 24 hours a day, seven days a week). If you require translating or interpreting services, please call 131 450.

Information is also available from Health Direct 1800 022 222 or by visiting healthdirect.gov.au/coronavirus.

If you have any feedback or information for future newsletters, we would love to hear from you. Please contact us by emailing jbt@infrastructure.gov.au