



COVID-19 Newsletter



Jervis Bay Territory Community | Issue no. 04 | 17 June 2020

NOTICE BOARD

Electricity Disconnection Notices

Electricity disconnection notices have now been delivered. If you are having difficulties paying your account in full or need assistance, please contact us on 4442 2200 or visit us in person at the JBT Admin Office.

L & P-Plate drivers

Learner and P-Plate courses have not yet commenced. We are currently working with the ACT Government to find a safe work-around to commence testing. Please contact the JBT Admin office on 4442 2200 to register your interest.

No spitting reminder

It is against the law to intentionally cough or spit on a public official or other worker. People committing these offences face significant penalties.



More flexibility around restrictions *Changes from 15 June 2020*

The State of Emergency Declaration for the JBT has been extended until 13 July 2020. As at 16 June 2020, there were no known cases of COVID-19 in the JBT. Restrictions in JBT have also eased further. On 15 June 2020, the *Public Health (Jervis Bay Territory) Emergency Direction (No. 5) 2020* was issued allowing further flexibility around what you can do during the COVID-19 pandemic. Please note, these Directions do not overrule the current Park closure or Wreck Bay entry restrictions.

These instruments are available here:

www.regional.gov.au/territories/jervis_bay/community/bulletins/bulletins-2020/index.aspx

As of 15 June 2020, the following now applies:

- **Community centres**, including their recreational facilities can reopen, if the four square metre rule is applied.
- Some **indoor recreational** facilities including pools can reopen with restricted numbers.
- **20** person limit on **visitors** in a household at any given time
- **20** person limit on **public gatherings**
- **20** person limit at **weddings** and religious ceremonies (excluding the people being married or those conducting the ceremony)
- **50** person limit at **funerals** or memorial service (excluding the people conducting the service)
- **50** person limit at **religious services** (excluding the people conducting the service).

Although there is more flexibility around what you can do, it is important everyone remembers the COVID-19 pandemic is not over. Keeping the Jervis Bay Territory COVID-free is now in the hands of local people and businesses. We all need to continue to be careful and continue to maintain physical distancing and good hygiene, to keep everyone in our community, old and young, safe.

REMEMBER when visiting NSW, the guidelines issued by NSW Government will be applicable.



National park update

The Booderee National Park will remain closed to all visitors and non-essential travellers until **23 June 2020** to protect the health of Elders and vulnerable residents in our community. Residents will be notified of any changes to this closure.

COVIDSafe App



Haven't downloaded the app yet? We need as many Australians as possible to use the COVIDSafe app to help find and contain any outbreaks quickly and so we can continue to ease restrictions while still keeping the JBT community safe.

Search "**COVIDSafe**" in the Apple or Google Play store and download today.

Don't be afraid to get tested

To date, more than 18,000 people in the Illawarra region have now been tested for COVID-19. We still want anybody who has even the mildest of symptoms to come forward and be tested.

Symptoms of COVID-19

Unexplained fever

Cough

Tiredness

Sore throat

Loss of smell

Loss of taste

Runny nose

Muscle pain

Joint pain

Diarrhoea

Nausea/vomiting

Loss of appetite

COVID Assessment Clinic

The COVID-19 Assessment Clinic is at Shoalhaven Hospital. The Clinic is located in the Hospital in the Home area. Entry to the Clinic is via the Shoalhaven Street driveway. The Clinic will operate from 8:30am to 4.30pm, seven days a week, and can be contacted by phone on **1300 002 108**.

Need medical assistance or support?

Please **call 000** for urgent medical assistance (e.g. difficulty breathing).

Telehealth appointments are available in the Wreck Bay community health clinic. If you are interested in a Telehealth appointment, contact the clinic to see if Telehealth is right for your situation on **(02) 4448 0200** or **1800 215 099**.

Wreck Bay Clinic: Mondays 9:40am - 3:00pm

Lifeline: 13 11 44

Beyond Blue Coronavirus Mental Wellbeing Service: 1800 51 23 48

More information

For up-to-date information on COVID-19, visit www.health.gov.au or call 1800 020 080 (operates 24 hours a day, seven days a week). If you require translating or interpreting services, please call 131 450.

Information is also available from **Health Direct 1800 022 222** or by visiting healthdirect.gov.au/coronavirus.

If you have any feedback or information for future newsletters, we would love to hear from you. Please contact us by emailing jbt@infrastructure.gov.au