NOTICE BOARD

Electricity Disconnection
Notices
Electricity disconnection notices have now been delivered. If you are having difficulties paying your account in full or need assistance, please contact us on 4442 2200 or visit us in person at the JBT Admin Office.

L & P-Plate drivers
Learner and P-Plate courses have not yet commenced. We are currently working with the ACT Government to find a safe work-around to commence testing. Please contact the JBT Admin office on 4442 2200 to register your interest.

No spitting reminder
It is against the law to intentionally cough or spit on a public official or other worker. People committing these offences face significant penalties.

More flexibility around restrictions
Changes from 15 June 2020

The State of Emergency Declaration for the JBT has been extended until 13 July 2020. As at 16 June 2020, there were no known cases of COVID-19 in the JBT. Restrictions in JBT have also eased further. On 15 June 2020, the Public Health (Jervis Bay Territory) Emergency Direction (No. 5) 2020 was issued allowing further flexibility around what you can do during the COVID-19 pandemic. Please note, these Directions do not overrule the current Park closure or Wreck Bay entry restrictions.


As of 15 June 2020, the following now applies:

- **Community centres**, including their recreational facilities can reopen, if the four square metre rule is applied.
- Some indoor recreational facilities including pools can reopen with restricted numbers.
- **20** person limit on visitors in a household at any given time
- **20** person limit on public gatherings
- **20** person limit at weddings and religious ceremonies (excluding the people being married or those conducting the ceremony)
- **50** person limit at funerals or memorial service (excluding the people conducting the service)
- **50** person limit at religious services (excluding the people conducting the service).

Although there is more flexibility around what you can do, it is important everyone remembers the COVID-19 pandemic is not over. Keeping the Jervis Bay Territory COVID-free is now in the hands of local people and businesses. We all need to continue to be careful and continue to maintain physical distancing and good hygiene, to keep everyone in our community, old and young, safe.

**REMEMBER** when visiting NSW, the guidelines issued by NSW Government will be applicable.
Don’t be afraid to get tested

To date, more than 18,000 people in the Illawarra region have now been tested for COVID-19. We still want anybody who has even the mildest of symptoms to come forward and be tested.

**Symptoms of COVID-19**

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unexplained fever</td>
<td>Runny nose</td>
</tr>
<tr>
<td>Cough</td>
<td>Muscle pain</td>
</tr>
<tr>
<td>Tiredness</td>
<td>Joint pain</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Diarrhoea</td>
</tr>
<tr>
<td>Loss of smell</td>
<td>Nausea/vomiting</td>
</tr>
<tr>
<td>Loss of taste</td>
<td>Loss of appetite</td>
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</tbody>
</table>

**COVID Assessment Clinic**

The COVID-19 Assessment Clinic is at Shoalhaven Hospital. The Clinic is located in the Hospital in the Home area. Entry to the Clinic is via the Shoalhaven Street driveway. The Clinic will operate from 8:30am to 4:30pm, seven days a week, and can be contacted by phone on 1300 002 108.

**Need medical assistance or support?**

Please call 000 for urgent medical assistance (e.g. difficulty breathing).

**Telehealth appointments** are available in the Wreck Bay community health clinic. If you are interested in a Telehealth appointment, contact the clinic to see if Telehealth is right for your situation on (02) 4448 0200 or 1800 215 099.

**Wreck Bay Clinic:** Mondays 9:40am - 3:00pm  
**Lifeline:** 13 11 44  
**Beyond Blue Coronavirus Mental Wellbeing Service:** 1800 51 23 48

**More information**

For up-to-date information on COVID-19, visit www.health.gov.au or call 1800 020 080 (operates 24 hours a day, seven days a week). If you require translating or interpreting services, please call 131 450.

Information is also available from Health Direct 1800 022 222 or by visiting healthdirect.gov.au/coronavirus.

*If you have any feedback or information for future newsletters, we would love to hear from you. Please contact us by emailing jbt@infrastructure.gov.au*