



COVID-19 Newsletter



Jervis Bay Territory Community | Issue no. 02 | 27 May 2020

NOTICE BOARD

Accounts due

Electricity accounts are now due. Please contact the office if you are having difficulties paying or need assistance on 02 4442 2200.

Electricity outage

There will be a Territory-wide electricity outage from 10pm, Thursday 28 May to 6am, Friday 29 May.

P-Plates and L-Drivers

We are keen to have learner driver exams and provisional driver tests up and running again in JBT. We are working on reinstating these tests as soon as possible.

Front Office

The health and wellbeing of our entire community is important so please remember to practise social distancing when you come in to visit us at the front office.

Playgrounds

Playgrounds are now open so you are welcome to enjoy them again, making sure you wipe down equipment and maintain social distancing with others.

Restrictions have eased but your responsibility has not...

The JBT Public Health Emergency Direction is being updated as restrictions relax in the Territory and in nearby NSW. Although there is more flexibility around what you can do, it is important to remind everyone that the COVID-19 pandemic is not over. We all need to keep being careful and continue to maintain social distancing and good hygiene to keep everyone in our community, old and young, safe.

5 Visitors

You can now have up to five visitors enter or stay at your home at any time. A person is not counted as a visitor if they are a member of the household being visited, or if they are there for caring responsibilities.

10 Public Gatherings

The limit on public gatherings has been increased to 10 people. You are allowed to gather in groups of more than 10 if you are all from the same household and live together, or if you are providing emergency assistance, or care to someone. You can also gather in groups more than 10 if it is for the purposes of work, moving house or workplace, viewing or inspecting real estate property or a display home to purchase or lease or fulfilling a legal obligation (for example, attending court).

Ceremonies

10+ Weddings and religious ceremonies must not have more than 10 people attending (excluding the people being married or those conducting the ceremony).

20+ Indoor funeral or memorial service can have no more than 20 people (excluding the people conducting the service).

30+ An outdoor funeral or memorial service can have no more than 30 people (excluding the people conducting the service).





National park update

To continue to protect the health of Elders and vulnerable residents, the current Booderee National Park closure has been extended. The Park will remain **closed until 23 June 2020**.

That means non-residents should not enter the Park to fish, surf, launch a boat, camp, bike ride or bushwalk.

COVIDSafe App

We need as many Australians as possible to download the COVIDSafe app to help find and contain any outbreaks quickly and so we can continue to ease restrictions while still keeping Australians safe.

Step 1. Search “**COVIDSafe**” in the Apple or Google Play store.

Step 2. You will need to enter:

- Your name
- age group
- phone number and
- postcode (2540 Jervis Bay)

Step 3. Keep **Bluetooth** on.

Remember....

COVIDSafe is completely voluntary. Your information and privacy is strictly protected and only state and territory health officials can access the data.

Don't be afraid to get tested

To date, more than 18,000 people in the Illawarra region have now been tested for COVID-19. We still want anybody who has even the mildest of symptoms to come forward and be tested.

Symptoms of COVID-19

Unexplained fever

Cough

Tiredness

Sore throat

Loss of smell

Loss of taste

Runny nose

Muscle pain

Joint pain

Diarrhoea

Nausea/vomiting

Loss of appetite

COVID Assessment Clinic

The COVID-19 Assessment Clinic is at Shoalhaven Hospital. The Clinic is located in the Hospital in the Home area. Entry to the Clinic is via the Shoalhaven Street driveway. The Clinic will operate from 8:30am to 4.30pm, seven days a week, and can be contacted by phone on **1300 002 108**.

Need medical assistance or support?

Please **call 000** for urgent medical assistance (e.g. difficulty breathing).

Telehealth appointments are available in the Wreck Bay community health clinic. If you are interested in a Telehealth appointment, contact the clinic to see if Telehealth is right for your situation on **(02) 4448 0200** or **1800 215 099**.

Wreck Bay Clinic: Mondays 9:40am - 3:00pm

Beyond Blue: 1300 224336

Lifeline: 13 11 44

More information

For up-to-date information on COVID-19, visit www.health.gov.au or call 1800 020 080 (operates 24 hours a day, seven days a week). If you require translating or interpreting services, please call 131 450.

Information is also available from **Health Direct 1800 022 222** or by visiting healthdirect.gov.au/coronavirus.

If you have any feedback or information for future newsletters, we would love to hear from you. Please contact us by emailing jbt@infrastructure.gov.au